

Massage Career History:

- Be Well Partners (private practice), 2003-present
- Zakim Center for Integrative Therapies/Dana Farber Cancer Institute, 2003-present
- North Shore Heart & Wellness Center/Salem Hospital
- Be Well! Tanger Center/Beth Israel Deaconess Hospital
- The 9th House Holistic Health and Education Center, Arlington, MA

Certifications, Training and Memberships

I have had many teachers along the way and I know that I will have many more. I thank them for enriching my life and the lives of all the people that I touch.

Certifications:

Pediatric Massage: <http://liddlekidz.com>



The Lebed Method

<http://www.lebedmethod.com>



Workshops:

- Basic Clinical Acupressure and Craniosacral: <http://www.upledger.com>
- Lymphatic Drainage: <http://www.klosetraining.com>
- Myofascial: <http://www.thebodyeducationproject.com> ,
<http://www.performancemassagetraining.com> ,
<http://www.muscularwellnessinstitute.com>
- Neuromuscular Therapy: <http://www.muscularwellnessinstitute.com>
- Oncology Massage: <http://www.tracywalton.com> , <http://www.medicinehands.com>
- Pregnancy/Pre-natal Massage: <http://www.pregnancybodytherapyassociates.com>
- Reiki: <http://www.arlingtonreikiassociates.com>
- Scar Tissue: <http://www.brookseminars.com> ,
<http://www.northernravetherapeutics.com>

Publications & Presentations:

Case Contributions:

- Massage for the Hospital Patient and Medically Frail Client (book), Gayle Macdonald.
- Medical Conditions and Massage Therapy (book), Tracy Walton.
- Society for Oncology Massage: <http://s4om.org>

Articles:

- *Integrative Tumor Board: A Case Report and Discussion*, Integrative Cancer Therapies: Vol 8 Number 3, September 2009.
- Interviewed for *Patients Benefit from Medical Massage*, Massage Magazine issue 182, July 2011.

Presentations:

- Cancer and Massage Therapy (co-presenter with Tracy Walton), Lesley University, March 2005.
- Massage With Care: A New Look at an Ancient Art, Dana-Farber Cancer Institute, staff training, 2004.
- Role of Massage Therapy in the Oncology Setting: The Zakim Center Experience, Dana-Farber Cancer Institute/Brigham and Women's Hospital, Dietetic Interns Lecture, (2009-present).

Memberships:

- AMTA - American Massage Therapy Association: <http://www.amtamassage.org>
- Society for Oncology Massage: <http://www.s4om.org>
- Lucy's Love Bus <http://www.lucyslovebus.org>



Delivering Comfort to Children with Cancer

May the work of your hands be a sign of gratitude and reverence to the human condition.

- Gandhi